

BASD COVID-19 Quarantine Recommendations 2021-2022

<p>COVID-19 Symptoms</p> <ul style="list-style-type: none"> ● Cough ● Shortness of breath ● Difficulty breathing ● New loss of smell without congestion (olfactory disorder) ● New loss of taste without congestion ● Fever ● Chills ● Rigor (shaking or trembling as caused by a chill) ● Muscle pain (myalgia) ● Headache ● Sore throat ● Nausea or vomiting ● Diarrhea ● Fatigue ● Runny nose or congestion 	<p>Testing for COVID-19 is recommended regardless of vaccination status.</p> <ul style="list-style-type: none"> ● If the test is negative your student may return to school 3 days after symptoms are no longer present. ● If the test is positive, please have your health care provider supply a note as to when your student may return to school. ● If your health care provider does not provide documentation or you do not get tested, your student may return after: <ul style="list-style-type: none"> ★ 10 days since symptoms first appeared <i>and</i> ★ 24 hours with no fever without fever-reducing medication <i>and</i> ★ improvement in symptoms <p>If you have symptoms you must wear a mask indoors.</p>
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	With Symptoms...	Without Symptoms....
Positive COVID-19 Test....	May return to school <ul style="list-style-type: none"> ★ 10 days since symptoms first appeared <i>and</i> ★ 24 hours with no fever without fever-reducing medication <i>and</i> ★ Improvement in symptoms 	May return to school 10 days after test was collected <p>If symptoms develop during the 10 days, follow return to school guidance for a positive test with symptoms, i.e., return to school *10 days since symptoms appeared..</p>
If you are not fully vaccinated and are in close contact* with a person who tested positive for COVID-10....	Individuals should be tested for COVID-19. <ul style="list-style-type: none"> ● If the test is negative, return to school 14 days after last exposure to the person with COVID-19 and symptoms have resolved (options for 7 & 10 day shortened quarantine on back) ● If the test result is positive, follow return to school guidance for positive test with symptoms 	Quarantine for 14 days after the last date of exposure to the person with COVID-19. (options for 7 & 10 day shortened quarantine on back) <ul style="list-style-type: none"> ● Household contacts are in quarantine until 14 days after household positive is released from isolation <p>If symptoms develop during the 14 days, follow return to school guidance for close contact with symptoms, i.e., return to school *10 days since symptoms appeared.</p>
If you are fully vaccinated and are in close contact* with a person who tested positive for COVID-10....	All individuals should wear a mask and test 2-5 days after close contact. Individuals should isolate and wear a mask until receiving a negative result. <ul style="list-style-type: none"> ● If the test is negative and there are no symptoms, they may return to school ● If the test is positive, follow return to school guidance for positive test with symptoms as above. 	All individuals should wear a mask and test 2-5 days after close contact. Individuals should wear a mask until receiving a negative result OR wear a mask for 14 days post-contact. <ul style="list-style-type: none"> ● If the test is negative they may discontinue mask-wearing. ● If the test is positive, follow return to school guidance for positive test with symptoms as above.

*Close contact is defined as within 6 feet for 15 minutes or longer.

<https://www.health.pa.gov/topics/Documents/HAN/2021-583-7-30-UPD-Fully%20Vaccinated.pdf>

The following are options to shorten the 14-day quarantine:

- Quarantine can end after Day 10 without testing and if no symptoms have been reported during daily monitoring. However, it is recommended that symptom monitoring continue through Day 14.
- If diagnostic testing resources are sufficient and available, quarantine can end after Day 7 if a diagnostic specimen (i.e., RT-PCR or antigen) tests negative and if no symptoms were reported during daily monitoring.
 - o The specimen must be collected and tested within 48 hours before the time of planned quarantine discontinuation (e.g., in anticipation of testing delays), but quarantine cannot be discontinued earlier than after Day 7.

In order to discontinue quarantine after Day 7, specimens must be collected on or after Day 5.