

## Bellefonte Area School District COVID-19 Sick Day Rules

Parents are responsible for checking their student's temperature at home EVERY DAY before getting on the bus or being dropped off at school.

Mode	Temperature for Fever
Axillary and Temporal	99.5°F or higher
Oral	100.4°F or higher

If a student has a fever, **they must stay home.** These absences may be excused by the school nurse and will be noted as a medically excused absence.

If the student has taken a fever-reducing medication such as acetaminophen (Tylenol), ibuprofen (Motrin, Advil), naproxen (Aleve) within 8 hours, **they must stay home**.

POSSIBLE SYMPTOMS OF COVID-19	
Fever ( see chart above)	New loss of smell or taste (without congestion)
Cough	Sore throat
Shortness of breath/difficulty breathing	Chills
Stomach ache	Body/muscle aches
Diarrhea and/or vomiting	Headache
Tiredness	Congestion or runny nose

If your student has possible symptoms of COVID they should stay home **regardless of vaccination status**. Please inform the nurse at your student's school that they have the above symptoms or have tested positive for COVID-19. **Any student who develops any of the above symptoms at school may be sent home.** Students with symptoms that are highly suggestive of COVID -19 may be required to submit a note from a physician, nurse practitioner, or physician assistant clearing them to attend school or isolate for 14 days and show an improvement of symptoms.

If you have any questions please contact your school nurse or school principal for guidance. Thanks.

You may also contact our local health department (814) 865-0932 or 1-877-PA-HEALTH (1-877-724-3258) if you have questions about this guidance.

CDC: COVID-19: When You've Been Fully Vaccinated

PA DOH: PENNSYLVANIA DEPARTMENT OF HEALTH 2021 – PAHAN – 583 – 7-30-UPD UPDATE: Public Health Recommendations – Testing, Isolat

Testing Sites: COVID-19 Testing Site | Centre County, PA - Official Website

**COVID-19 Public Testing Information**