Resources

School Social Worker Maria McClatchey 310 N. Allegheny St., Bellefonte, PA 16823 mmcclatchey@basd.net

Office: (814) 355-4814 Ext. 3061

For secondary students who would like to contact McClatchey directly, they should use email during school hours. Any student may also contact tell a teacher or other staff member that they would like to speak with her, and she will find a time to meet with them.

To learn more about the social work profession and National Social Work Month, visit this link: Social work

Local Resources

- Centre County Mental Health/Intellectual Disabilities/Early Intervention/Drug & Alcohol
 - o **Phone:** (814) 355-6786
 - o Website
 - o Mental Health Services Booklet
- Centre for Community Resources: Crisis support, assessment, intervention and information
 - Crisis line: 1-800-653-5432
 - 24/7 Walk-In Center on 2100 E. College Ave., State College, PA 16801
- Youth Service Bureau: Parenting & Family Support, Big Brothers Big Sisters, Shelter & Independent Living, Youth Centers & Community Outreach, Drug & Alcohol Prevention, Violence Prevention, Court Referred Services
 - o Website
 - o <u>Phone</u>: (814) 237-5731
 - o Email: info@ccysb.com
- Tides: "A support program for grieving children, teens, and the people who love them"
 - o Website
 - o Phone: (814) 692-2233
 - o Email: info@tidesprogram.org
- Centre Safe (formerly Women's Resource Center): "Empowering survivors, eliminating violence"
 - o 24/7 Hotline: (814) 234-5050
 - o Website
 - Instagram: centresafe

National Resources

- Suicide Prevention Lifeline
 - 24/7 Hotline 1-800-273-8255
 - You may also call 988 now
- The Trevor Project: Information and support for LGBTQ young people
 - o Website
 - 24/7 Messaging: text "START" to 678-678
 - o 24/7 Phone line: 1-866-488-7386

Websites for Families

- A Mindful Village
- Sesame Street in Communities