

HEY MIDDLE SCHOOLERS!

Want to try something fun, that is three sports rolled into one?



TRY LACROSSE!



Lacrosse is a fun, fast-paced game that is part football, hockey and basketball. (For girls it is more like basketball, soccer and field hockey). It is a great sport where you learn teamwork, fun skills with a lacrosse stick, get tons of exercise, meet new people and make great friendships along the way!

Interested in playing? No experience necessary! Boys, you can email mslacrosseclub@basd.net. Girls, you can email msgirlslacrosseclub@basd.net.

Give it a try for FREE at our Bellefonte Raider Summer Open Fields - open to all those entering, in, or graduating at Bellefonte Area Middle School. Or, check out Nittany Valley Sports Centre for their available lacrosse programs.

BELLEFONTE BOYS SUMMER OPEN FIELD

It's summer lacrosse at Rogers Stadium! Open to all Bellefonte middle school boys. Email middle school boys coach, Brian Holohan at mslacrosseclub@basd.net for more details and follow us on

Facebook at **Bellefonte Lacrosse** for updates on dates and times. *Tentative dates: June 15, 22, and July 6, 13, 20, 27 from 6-8pm.*

Sticks and pads can be provided. We ask that you contact the coach prior to Open Field date to be sure equipment is on-hand for your player to use.

LACROSSE AT THE CENTRE

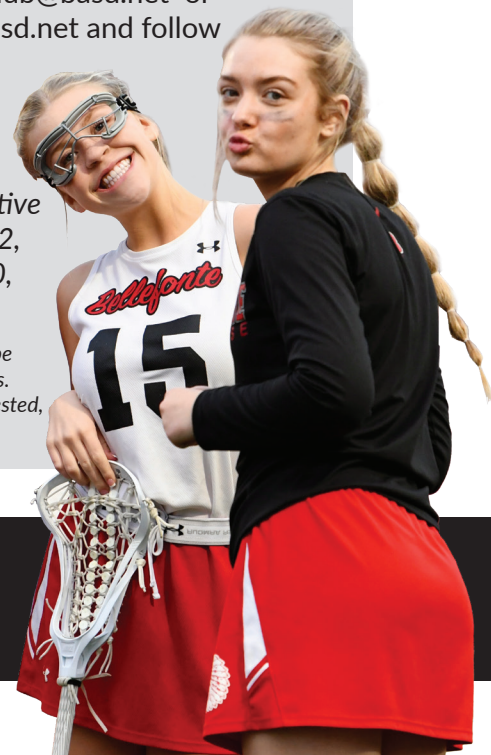
Be on the lookout for lacrosse programs offered at Nittany Valley Sports Centre at thecentrepa.com throughout the year.

BELLEFONTE GIRLS SUMMER OPEN FIELD

Girls summer open field is run by the high school coaches and is open to all Bellefonte middle school-aged girls at Rogers Stadium! For more info on summer lacrosse open field, email msgirlslacrosseclub@basd.net or girlslacrosse@basd.net and follow us on Facebook at **Bellefonte Lacrosse** for

updates on days and times. *Tentative dates: June 15, 22, and July 6, 13, 20, 27 from 6-8pm.*

Sticks and goggles can be provided at these events. Mouth guards are suggested, but are not provided.



To learn more or to stay informed on upcoming events follow us at...



Bellefonte Lacrosse



bellefontelax